

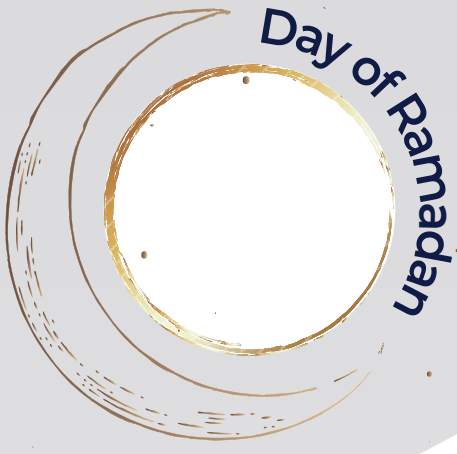


HELPING HAND
FOR RELIEF AND DEVELOPMENT

Iftaar/Suhoor time tracker

Simply print, frame it, and write on the glass with a marker.
Or laminate it, and hang on the fridge.

Designed by: Helping Hand USA
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RAMADAN **رمضان**
KAREEM **كريم**

**Today's
suhoor time**

**Today's
iftar time**

